

CREAMY BAKED CHICKEN

Gluten Free • Dairy Free • Delicious



- Prep Time: 10 minutes
- Cook Time: 30 minutes
- Ready in: 40 minutes



Ingredients

- 2 1/2 pounds boneless, skinless chicken breasts
- 1 cup Vegan Parmesan cheese OR Vegan Mozzarella (such as Follow Your Heart)
- 3/4 cup plain, unsweetened Kite Hill almond milk yogurt
- 1/4 cup full fat mayonnaise
- 2 garlic cloves, minced
- 1 1/4 teaspoons salt, divided
- 1 teaspoon onion powder
- 1/2-teaspoon ground black pepper

Notes

Can't find vegan parmesan?

Try using Vegan mozzarella instead.

Not dairy free?

Use dairy-based products instead of the dairy free ingredients listed here.

Method

01

Lay the chicken breasts in a large greased glass casserole dish. Sprinkle with a little bit of salt, about 1/4 teaspoon.

02

In a medium bowl, mix together all other ingredients until well combined.

03

Spread the creamy mixture evenly over the chicken breasts, making sure each breast is covered well.

04

Bake for 30-45 minutes, or until thermometer reads 165 degrees F and the chicken is golden brown.

